

APPETIZERS



1. French Fries – 1100.00/-
2. Coconut Crunchy Prawns – 1950/-
Herbal-mixed roasted coconut-coated prawns with
homemade tamarind sauce & crispy Salad
3. Cassava Chips Avocado Sauce - 1200/-
4. Zucchini Chips with cream cheese- 2250/-
5. Loaded Nachos with Béchamel Sauce – 1350/-
6. Fried Spicy Cashew –1350/-
7. Loaded Nachos topped with Avocado Pico de Gallo Salsa,
Cheese, Creamy Coriander Dip – 1400/-
8. Vegetable Tempura with Tartar Sauce – 1400/-

SOUP



9. Tom Yum Soup – 1200/-
Mixed with seafood, sera, tomato cubes, mushroom, coconut
cream
10. Cream of Pumpkin Ginger Soup – 1400/-
11. Vietnamese Prawn Soup – 1850/-
Prawns, pencil noodles, fish sauce, soya sauce

(All soups served with garlic toast)

*A 10% service charge applies to all food items.
Prices displayed are before service charge*



SALAD



12. Cruncy Vegetables – 1200/-

Bell pepper, green cucumber, iceberg lettuce, green leaf lettuce, cherry tomato, feta cheese

13. Sesame Tuna with Salad – 2250/-

Yellowfin tuna, sesame seeds, crispy salad, mango, pineapple, coriander sauce

14. Avocado Prawn Salad – 1950/-

Avocado, prawns, iceberg lettuce, green lettuce, garlic honey sauce

15. Crunchy Pineapple Salad – 1250/-

Caramel pineapple, green lettuce, cucumber, peanut, iceberg lettuce, pepper, olive oil, lime juice

(All salads served with garlic bread)

WRAP & QUESADILLA



16. Tandoori Chicken Avocado Wrap – 2350/-

Tandoori chicken, mozzarella, avocado, tomato served with chips

17. Avocado Seafood Wrap – 2450/-

Garlic butter seafood, homemade spicy mayo, lettuce, avocado, cucumber, tomato served with chip

18. Sea Food Quesadilla – 1950/-

Sea Food, tomato, mozzarella



SANDWICHES & BURGERS

19.Vegan Burger Bun – 1850/-

Patty, lettuce, tomato, cucumber, pesto sauce

20.Crispy Chicken Burger – 1850/-

Crispy chicken, lettuce, tomato, cheese, cucumber,
homemade mustard mayo

21.Fresh Tuna Burger 2100/-

Fresh Tuna, Lettuce, Tomato, Cucumber, Cheese (All served with Chips & Salad)

22.Tuna Toast 1900/-

Tuna, Mozzarella Cheese

23.Cheese Toast 1650/-

24. 1-4 Teya Special Club Sandwich 2450/

Ham, Egg, Chicken, Cheese, Lettuce, Cucumber

(All served with Chips & Salad)

BOWL

25. Tuna Bowl- 3350/-

Yellow Fin Tuna, Avocado, Pineapple, Green Cucumber, Mango,
Tomato, Red Cabbage, Bell Peppers, Sweet Paprika Sauce

26.Protein Bowl with Tuna 2900/-

Baked Pumpkin, Chickpeas, Red Beans, Corn, Green Cucumber, Beet
Root mixed with Salad. Bean Sprouts with Steamed Rice

27.Hummus Bowl - 3150/-

Peta Bread, Boiled Egg

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THAI FRIED RICE OR NOODLES



28.Veggie Rice Or Noodles 1200/

29.Chicken Rice Or Noodles - 1500/-

30.Seafood Rice Or Noodles 2100/-

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SPAGHETTI & PASTA



31. Spaghetti Pepperoncino -1400/-

Spaghetti, Oregano, Olive Oil & Green Chilies

32. Pasta Pesto with Sauce - 1900/-

Penne, Creamy Pesto Sauce, Parmesan Cheese & Basil

33. Spaghetti Marinara Aglio Olio -2300/-

Spaghetti, Prawns, Calamari, Tuna, Garlic, Olive Oil, Basil, Tomato Cubes, Chili Flakes & Parmesan Cheese

34. Creamy Pasta Mushroom -1300/-

Mushrooms, Parmesan Cheese, Cooking Cream or Fresh Milk

MAIN COURSE



35. Grilled Chicken -2700/-

Grilled Chicken with Grilled Vegetable & Mashed Potato

36. Grilled Calamari Pineapple Red Wine Sauce-3300/-

Grilled Calamari, Pineapple, Red Wine Sauce Served with Rice & Salad or chips & salad

37. Grilled Prawns -3400/-

Grilled Prawns with Chips & Salad or Rice & Salad

38. Grilled Yellow Fin Tuna Steak – 3300/-

Grilled Tuna with Mash Potato , Grilled Vegetable

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39. Grilled Fish Filet with Mash Potatoes -2900/-
Grilled Vegetables, White Wine Sauce

40. Fried fish & Chips -2900/-
Served with Tartar Sauce

41. Tofu Devilled – 1600/-
Tofu, 3-color bell peppers, sesame seeds, homemade sauce

42. Singapore Chili Crab – 4900/-
Crab, 3-color bell peppers, spring onion, oresto sauce, tomato sauce
(All served with garlic rice)

43. Thai Vegetable curry with steamed Rice, Mango, Pineapple &
Coriander Salad -1850/-

44. Thai Chicken curry with steamed Rice, Mango, Pineapple &
Coriander Salad -2100/-

45. Seafood Sri Lankan Style Curry With steamed Rice -With Salad-
2900/-

46. 1–4 Teya Special Seafood Basket (for two persons) – 10500/-
Tuna steak, garlic jumbo prawns, calamari, crab served with chips &
salad or rice & salad
-Includes two glasses of wine

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DAY SPECIAL



- 47.Full Fish
- 48.Lobster
- 49.Octopus (Grilled or Salad)
- 50.Jumbo Prawns
- 51.Crab

DESSERT



- 52.Chocolate Brownie with Ice Cream – 2150/-
- 53.Passion Fruit Flavored Cheesecake – 2150/-
- 54.Fruit & Mug with Ice Cream – 1650/-
- 55.Fresh Fruit Plate – 2350/-
- 56.Curd with Honey – 950/-

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BREAKFAST MENU (A LA CARTE)



57.Champion Breakfast with Fresh Juice – 3250/-

Egg, brown bread, green salad, green olive, avocado, cream cheese

58.Shakshouka with Fresh Juice – 3300/-

Brown bread, avocado sauce, salad, shakshouka with egg

59.Scrambled Toast with Baked Beans – 3300/-

Scrambled egg, brown bread, beans, fresh juice

60.Sri Lankan Style Breakfast – 2500/-

Chapathi roti or Sri Lankan bread, coconut sambal, dhal or potato, chicken or fish curry, fresh juice

61.Avocado Toast – 3350/-

Avocado, brown bread, fried egg, salad, green tahini sauce

-All Items Including Tea or Coffee with Fresh Juice

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SRILANKAN STYLE



62. Sri Lankan Style Rice & Curry

-Three Vegetable Curry

-Ad On Fish 2000

Chicken 2750/-

Prawn 2950/-

Kalamari 3250/-

63. Coconut Roti Or Chapati Roti 2300/-

-Dhal Curry or Potato Curry

-Sri Lankan style Black Chicken Curry

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BB MENU



BREAKFAST TIME: 7.00AM- 10.00AM

- **Western Breakfast**

Fresh cut fruit or Fresh juice

Sri Lankan toast bread

-With Jam, butter, marmalade

Eggs (fried / scrambled / poached / boiled)

Sausages or Cream Tuna

- **Sri Lankan Breakfast**

Fresh Cut Fruit or Fresh Juice

Sri Lankan Toast Bread or String Hoppers or Coconut

Rotti or Milk Rice

Chicken Curry or Fish Curry

Dhal Curry or Potato Curry with Coconut Sambal

- **Children Breakfast**

Fresh Fruit Juice with Fruit Salad or Yogurt

Corn-flex- with Vanilla/ Chocolate/Strawberry

Hot Milk

-All Options Include Tea & Coffee

